EWU ANNOUNCES THE ESTABLISHMENT OF THE COLLEGE OF HEALTH SCIENCE AND PUBLIC HEALTH

Dr. Rodolfo Arévalo announced the formation of a new College of Health Science and Public Health, which will be established on July 1, 2014. This new College, which unites EWU programs in Physical Therapy, Occupational Therapy, Communications Disorders, Dental Hygiene, Regional Initiatives in Dental Education (RIDE), the Master of Public Health program, and programs in public health and health services administration, reinforces a critical presence for EWU in Spokane as the Riverpoint Campus evolves into a location of health science and medical education, research and service provision.

As stated in the proposal for this new college, the college will provide the leadership and infrastructure to greatly enhance interdisciplinary and inter-professional educational opportunities not only between EWU programs but with health science programs from the three institutions represented on the Riverpoint campus. In addition, it is hoped that the “college will enable collaboration on the development of clinic space and teaching and laboratory spaces that support the academic programs, including community engagement. The formation of the new College of Health Science and Public Health at the Riverpoint Campus provides a wealth of exciting opportunities for visibility, community integration and service, professional collaboration, and inter-professional education and research for the faculty and students in public health and health science fields.”

An interim dean for the College will be appointed for a one-year term on July 1, 2014, and a permanent dean will be recruited to begin service as early as January 2015. Please join us in celebrating the establishment of the College of Health Science and Public Health at EWU.
POSTER PRESENTER’S PANIC: A REFLECTION ON CSM 2014: LAS VEGAS
Megan Thorburn

This year I had the privilege of attending CSM as a poster presenter, a process that began many months ago with submission of the abstract and culminating in a few short hours of standing proudly next to my finished product. Although the eight hours preceding my presentation had me as nervous as if I were walking a tight rope in a Cirque du Soleil performance, I reflect back on the overall experience as a positive opportunity for professional growth and development.

The day of my presentation began with me trying to track down the whereabouts of my poster, as I was unable to carry it to Las Vegas myself. It is quite nerve-wracking enough to think about doing a presentation at a national conference, let alone when you have entrusted someone else to deliver your materials! Luckily, meeting up with the courier was easy enough. Poster in hand, I felt a great wave of relief, but I still had to find my way to the convention center and complete my registration. Numerous volunteers helped to point me in the right direction, and after meandering through row after row of billboards, I finally found my designated space, hung up my poster, made adjustments, skimmed it for typos, stood back to look critically, noticed that it was still crooked and adjusted it again, and then hurried off to the first lecture of the day.

The morning sessions were so engaging that I was fully distracted from the prospect of my looming presentation. But when I returned to my poster later that afternoon, I felt that familiar surge of adrenaline. I did a quick mental rehearsal of my literature review and results and then stood anxiously by, waiting to field questions from curious onlookers.

My initial excitement began to wane as the minutes dragged on and no one had yet to stop at my poster. After 45 minutes I was downright bored. But then, a few people started to take note. Several first-year students expressed an interest. Then three educators approached. They were thoroughly impressed by my topic and were very receptive to the information I had to share. We began a lively discourse back and forth and all of my stage fright disappeared. I was thrilled to be sharing my research with someone who was genuinely interested. At the end of my two-hour time slot, I took down my poster with a sense of pride and satisfaction that months of hard work were appreciated by someone—and that the work was finally over!

The rest of the conference passed quickly. Between attending lectures and exploring the exhibition hall, I had little time to spare. What an unforgettable, whirlwind trip! Despite the stresses, if given the opportunity to present at CSM again I would gladly take it. I know that next time I won’t have poster presenter’s panic!
PUBLICATIONS AND PRESENTATIONS BY FACULTY AND STUDENTS THIS YEAR

Patty Nelson
Date: Thursday, Feb. 6, 1-3 p.m.
Women’s Health Section
PRESENTER: Ashley Wilkens and Brianna DeWitt
FINAL ID NUMBER: 3296
TITLE: Exercise Dosage and Pelvic Floor Muscle Function in Young Women With and Without Urinary Incontinence

PRESENTER: Kathryn Irish
FINAL ID NUMBER: 3305
TITLE: Does Urinary Incontinence Impact Balance Performance and Fall Status in an Elderly Female Population?

Kim Cleary:
Kyle Prescott will be at CSM this year, and both of our posters will be up for the Wednesday 1-3 p.m. session:
1. Acute Care poster #2021: The use of physical restraints in long term and acute care settings: a review of the literature, regulations, ethics and legality.
2. Neuro poster #2132: Fall status and balance performance differences between older men and women using four outcome measures.

Megan Chatellier
Tuesday, Jan. 4, 1-3 p.m.
FINAL ID NUMBER: 1018
Cardiovascular and Pulmonary Section
PRESENTER: Megan Thorburn
TITLE: Efficacy of Teaching PT Examination and Interventions Using Virtual Patients

Dan Anton
2278 Comparison of Acceleration During Thoracic Spinal Manipulation Between Students and Physical Therapists Experienced in Delivering High Velocity Low Amplitude Thrust. Simpson J, Hall L, Coleman B, Anton D
Feb. 5, 1-3 p.m.

Tanya LaPier: Tuesday, Jan. 4, 1-3 p.m.
Cardiovascular and Pulmonary Section
TITLE: “Upper Extremity Forces Generated During Instrumental Activities of Daily Living: Implications for Patients Following Sternotomy”
AUTHORS: Tanya LaPier(1); Tyler Christiansen(1); Bradley Goff(1); Lisa Swanson(1)
PRESENTER: Tyler Christiansen

DR. MEGAN CHATELLIER RECEIVES THE CSHE CHAIRS’ AWARD FOR SPECIAL FACULTY

Megan Chatellier has received the College of Science Health and Engineering Chairs’ Special Faculty Award for 2014. This award recognizes outstanding achievements or performance in the fulfillment of the role of a special faculty member, a lecturer or senior lecturer. The department chairs of all of the departments in the CSHE vote to award this honor.

In her nomination letter, Meryl Gersh wrote: “Dr. Chatellier’s commitment to her responsibilities in the Doctor of Physical Therapy program, her dedication to our students and their learning process, her enthusiasm for her subject matter and the clinical practice currency that she brings to the academic environment epitomize excellence in teaching. Her innate gift and infectious enthusiasm for the pedagogical process are recognized and highly valued by students and colleagues alike. Her collegiality and support of each one of our faculty across the curriculum, through teaching assistance, laboratory organization and implementation, curriculum development, pedagogical tools innovation, and support of extra-curricular endeavors is unsurpassed and instrumental to the every-day success of our program.”

We extend our heartiest congratulations to Dr. Chatellier on this special recognition which was awarded by Dean Judd Case at the College Awards Celebration on June 13, 2014.
HEALTH CARE IN PERU

In May 2013, I traveled to Peru with a team of health care professionals. The majority of our time was spent in Iquitos working in clinics that we set up for communities in need. We also had the opportunity to hold a clinic for a community in the jungle. The remaining time in Iquitos was spent educating on basic healthcare topics at the special needs school, school for the deaf, the orphanage and the mental health hospital.

I visited the special needs school twice where I spent time with kids with cerebral palsy and Down Syndrome. I worked together Margaret Miller, an EWU occupational therapy adjunct professor, and a physical therapist at the school. We were able to provide examination and treatment options to the physical therapist there as well as learn new ideas from her.

The five clinics were held in community homes and buildings. The use of interpreters for all communication and the lack of basic equipment, including an examination table, made complex examination and treatment difficult. Therefore, education was my focus. The patients’ concerns were primarily of an orthopedic and ergonomic nature. My main role was to evaluate patients and determine what demands were being placed on their bodies that may have caused, and were perpetuating their condition. Together, we would create alternative ways of completing a task or small adjustments in movement to prevent excessive stress to their bodies during activities of daily living and job related activities. I educated them on ergonomics, body mechanics and posture. I also developed simple home exercise programs when appropriate.

My trip to Peru was an incredible experience that will help me to grow in my personal and professional life. This experience taught me independence, as I was the only physical therapy student there and did not have the ability to consult with anyone in the profession. It also taught me resourcefulness and the importance of the fundamentals because of the lack of equipment and examination tools. Most of all, I learned the importance of collaboration with other disciplines, because our ultimate goal is the same: to improve our patients’ well being and quality of life.

Megan Bates

Community kids posing for pictures  Working with a child with CP at the special needs school.  People waiting to be seen at clinic #3

Clinic location #1  Clinic location #2  Treating a patient during clinic
DEPARTMENT SCHOLARSHIPS

ZORRE DEARBORN
Brittany Ouchida 2014
Kaya Mills 2014
The Zorre Dearborn Scholarship Fund has been established by the EWU Department of Physical Therapy Class of 1996 for the benefit of supporting students enrolled in the Physical Therapy Program at Eastern Washington University. The Fund is exempt from federal income taxation.

Zorre Dearborn was a first-year student in the PT Program in the fall of 1994. She died unexpectedly on Oct. 31, 1994. Her classmates, the Physical Therapy Class of 1996, decided that a permanent scholarship, an endowment, would be the most fitting way to remember Zorre and ensure that other students who shared her dream of becoming a physical therapist would have some financial assistance for many years to come. Application for the Zorre Dearborn Scholarship(s) is available to students enrolled in the program during their second year.

CHARLES S. FARROW
Neil Morris 2014
This scholarship is given to DPT students who exhibit excellence in various factors such as DPT GPA, extra curricular activities, leadership roles, extraordinary clinical internship work, etc.

DONNA EL-DIN MEMORIAL ENDOWED SCHOLARSHIP
Lauren Avischious 2014
Jesse Brouwer 2014
This scholarship was established in 2010 by Dr. El-Din’s husband, M. Kamal El-Din and her friends to honor Donna as founder of the Physical Therapy Education Program at Eastern Washington University and the consummate servant-leader. The scholarship is given to DPT students who exhibit excellence in academic achievement in the DPT program and an exemplary commitment to service as an essential responsibility of a health care professional.

SCHOLARSHIP AWARD
Megan Thorburn 2014
The Scholarship Award will be given to the DPT III student with the highest grade point average, based exclusively upon grades earned in the Physical Therapy Program.

LEADERSHIP AWARD
Joseph Hill 2014
The Leadership Award will be given to the DPT III student who consistently demonstrates leadership, collaboration, and enthusiasm, and who is a positive influence on colleagues. Individual faculty will nominate a student(s) with consensus determined by the faculty as a whole.

FACULTY MERIT AWARD
Katina Salvey 2014
The Faculty Merit Award will be given to the DPT II student who consistently demonstrates professionalism, compassion, a quest for knowledge, and growth throughout the curriculum. Individual faculty will nominate a student(s) with consensus determined by the faculty as a whole.

LANDON SORENSON SERVICE AWARD
Kyle Prescott 2014
The Service Award will be given to the DPT III student who consistently demonstrates exceptional service to the department, university, profession and/or community through extensive volunteerism and unwavering enthusiasm to aid groups or individuals. Individual faculty will nominate a student(s) with consensus determined by the faculty as a whole.

RESEARCH AWARD
Julianne Keenan Simpson 2014
The Research Award will be given to the DPT III student who excels in research related to the field of physical therapy through academic coursework and/or research assistantship work.

Exceptional research activities may include participation in extensive data collection, presentation of work at regional, national or international conferences, publication in professional journals and/or other research-related products above and beyond typical academic work.

DPT GRADUATION
Graduation 2014 represents the 10th anniversary of the doctoral program in physical therapy, the first and only doctoral degree to be offered by EWU. On June 14, 2014 our 10th DPT graduating class earned their Doctor of Physical Therapy degrees.

In addition, EWU has just announced the formation of the new College of Health Science and Public Health, which will promote a valuable, collaborative and cohesive presence of EWU in the Spokane community on the Riverpoint Campus.

The Department of Physical Therapy celebrated all of these achievements on June 13, 2014, with a pinning ceremony and reception for graduates and their families. We had 37 graduates and a total of about 200 graduates and their guests as well as our faculty attend the ceremony. We had an exceptional opportunity to honor our graduates and publicize the new college to a group of truly invested new alumni and their families and friends.

Thank you for the support of the Foundation in these efforts.
SPINAL MANIPULATION BILL

March 28, 2014 was a momentous day for physical therapists in the State of Washington. Gov. Jay Inslee signed ESHB 2160, which permits physical therapists to manipulate the spine! This law ends more than a decade of resistance from chiropractors in the state and leaves Arkansas as the only state where spinal manipulation by physical therapists is prohibited. Alumni practicing in the state and wishing to use spinal manipulation must obtain an “endorsement” on their license, requiring extra continuing education for many.

Rep. Laurie Jinkins of the 27th Legislative District sponsored the bill. Dr. Dan Anton was one of three physical therapists that met with three chiropractors about the bill in formal mediation during the past year. Last summer, the mediator called an impasse and Rep. Jinkins moved the bill forward despite chiropractic opposition. In contrast, the Washington Board of Osteopathic Medicine and Surgery supported the bill after meeting with Dr. Elaine Armantrout, president of PTWA, and Dr. Anton. After several concessions from both sides, the final bill passed the House 92-6-0 and the Senate 49-0-0. Video of testimony to the House Health Care & Wellness Committee and the bill signing can be seen on www.tvw.org (search for “2160”).